

## 10 ml Jasmine Dilute Essential Oil



**Brand:** Ancient Wisdom  
**Product Code:** EO-11  
**Availability:** In Stock  
**Weight:** 0.04kg

**Price: £8.75**

### Description

Latin Name : *Jasminum Officinale* Part of Plant Used : Dried Leaves Source : India Extraction Method : Steam Distillation 5% Dilution in Grape Seed Oil It may be the aphrodisiac properties that placed jasmine oil in such high demand throughout history. Jasmine essential oil was used in healing and religious ceremonies because of this compelling quality. In China, jasmine oil was used in sick rooms to make the air fragrant, but it was also thought to clear the air of pollutants even before the discovery of bacteria. Ancient Egyptians used jasmine oil for headaches, nervous disorders, and to promote restful sleep. Today, the essence is produced through a process called solvent extraction. At first glance, jasmine is all about scent. Its complex, floral energy is a mood-lifter for most people and often provides aphrodisiac qualities. Studies have shown that just smelling jasmine can increase alertness, hand-eye coordination, boost self-confidence, and happiness, and reduce stress. In a therapeutic sense, jasmine can treat dry, aging skin. It is used in low concentrations to treat eczema and dermatitis. Additionally, jasmine is useful in fading scars and treating stretch marks after delivery. Jasmine can relieve anger, anxiety, and stress without acting as a sedative. Jasmine opens one up to options available through clearer thinking. This calming and balancing power can also reduce inflammation from emotional stress. Jasmine has a long history of enhancing libido, releasing inhibitions, and inspiring sexual desire. Jasmine has properties which regulate period cycles, can reduce period pain, lethargy, and mood swings. It can also delay the onset of menopause.