

## 10 ml Sage Essential Oil



**Brand:** Ancient Wisdom

**Product Code:** EO-47

**Availability:** 10

**Weight:** 0.04kg

**Price:** £4.25

### Description

Latin Name : Salvia Officinalis Part of Plant Used : Dried Leaves Source : Spain Extraction Method : Steam Distillation The health benefits of sage essential oil can be attributed to its properties as an antifungal, antimicrobial, antioxidant, antiseptic, anti-inflammatory, antispasmodic, antibacterial, cholagogic and cholaretic, cicatrizant, depurative, digestive, disinfectant, emmenagogue, expectorant, febrifuge, laxative, and a stimulating substance. The presence of camphor and camphene in this essential oil gives it an antifungal property. This oil is capable of inhibiting fungal infections, both internally and externally, and gives relief from fungal infections like dysentery, skin diseases, Athlete's Foot or dermatitis. This property is one of the causes behind its use in skincare products. Sage Essential Oil helps in digestion, soothing the stomach, and improving the functionality of the whole digestive system against inflammation caused by excessive acids. It also neutralizes acids in the stomach and the bloodstream, thereby providing relief from acidity and acidosis, which in turn protects us from peptic ulcers due to acidity, as well as from boils, eruptions, and skin diseases that occur when acid levels rise in the blood.