## Phone: 01623 239013 - Email: shop@musclesolutionshealth.co.uk

## 10 ml Vetivert Essential Oil



**Brand:** Ancient Wisdom **Product Code:** EO-54 **Availability:** In Stock

Weight: 0.04kg

**Price: £7.50** 

## **Description**

Latin Name: Vetiveria ZizanioidesPart of Plant Used: RootsSource: JavaExtraction Method: Steam DistillationThis Vetiver Essential Oil, also called khus oil, is extracted from the vetiver plant, a clumpy, green grass native to India that can grow five feet high or more. Vetiver oil is quite fragrant, with a distinctive sharp and earthy scent you may recognize from men's cologne. The soothing and cooling effects of vetiver essential oil calm and pacify all sorts of inflammation. It is particularly good at providing relief from inflammation in both the circulatory and nervous system. The essential oil of vetiver is a well-known sedative. It sedates nervous irritations, afflictions, convulsions and emotional outbursts such as anger, anxiety, epileptic and hysteric attacks, restlessness, and nervousness. It even benefits patients that suffer from insomnia. Vetiver essential oil helps heal wounds by promoting the growth of new tissues in wounded places and also by keeping it safe from infections by inhibiting the growth of microbes.