

## Glucomannan



**Brand:** Lindens  
**Product Code:** L37  
**Availability:** 10  
**Weight:** 0.10kg

**Price: £9.99**

### Short Description

Glucomannan is the active constituent in Konjac Fibre. When used as part of a calorie controlled diet regime, contributes towards weight loss. Glucomannan - Lindens #1 Weight Loss Supplement!

### Description

- Weight loss aid, contributing towards the reduction of appetite
- Naturally very high in fibre
- Derived from Konjac Fibre

Lindens Glucomannan (Konjac fibre) is a natural ingredient that in the context of a calorie controlled diet contributes to weight loss. Glucomannan absorbs water in the stomach, and then expands to potentially up to 50 times its weight.

Glucomannan is extremely high in fibre and therefore the dosage is lower compared to other fibre based supplements.

Glucomannan is a product derivate from the root of the Konjac plant which is native to Japan, China and Southern Indonesia. Konjac flour is purified, removing starches, alkaloids and pigments to produce glucomannan. When ingested, it takes on a jelly-like consistency and expands to make the stomach feel full. Konjac fibre purified to be glucomannan has a healthy lipid lowering profile.

Glucomannan is approved by the European Food Safety Authority (EFSA) as a proven

and safe supplement to aid weight loss and lower cholesterol levels, when taken as part of a calorie controlled diet.

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **GLUCOMANNAN**

Glucomannan, the active constituent of Konjac Fibre contributes towards weight loss when taken in the context of an energy restricted diet.

**DIRECTIONS:** Food Supplement. Take two capsules, three times daily with 500ml water. Choking hazard when not taken with water.

**PRODUCT INFORMATION:** 6 capsules provide 3000mg Glucomannan.

**INGREDIENTS:** Glucomannan, Bulking Agent (Microcrystalline Cellulose), Shell (Bovine Gelatin, Natural Colouring Titanium Dioxide), Anti-caking Agent (Magnesium Stearate)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.

EAN:

5060332534401 - 90 pack

5060332534418 - 360 pack

**PRODUCT INFORMATION**

NRV = Nutrient Reference Value