

## Beetroot



**Brand:** Lindens  
**Product Code:** L7  
**Availability:** 10  
**Weight:** 0.10kg

**Price: £7.99**

### Short Description

A source of dietary nitrates, Beetroot is a well-known health food. Lindens Beetroot 3500mg capsules contain a concentrated extract of beetroot for an easy way to work it into your diet.

### Description

- Popular with runners and cyclists
- Beetroot is becoming a very popular health food
- A source of dietary nitrates
- Easy swallow, rapid release capsule

Used since ancient times and a popular foodstuff even to this day, Beetroot (beta vulgaris) is usually noted for its deep purple colour and distinctive flavour. As a source of dietary nitrates, it is becoming popular as a health food, with beetroot juice particularly popular among runners and cyclists. Lindens Beetroot 3500mg Capsules each contain a concentrated extract of beetroot equivalent to 3500mg beetroot juice per easy swallow, rapid release capsule, making for a super convenient way to work beetroot into your diet.

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction

- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **BEETROOT**

Beetroot Extract (Beta vulgaris L.) equivalent to 3500mg dried root per capsule

**DIRECTIONS:** Food Supplement. Take one capsule, twice per day with a little water.

**PRODUCT INFORMATION:** 1 capsule provides 700mg 5:1 beetroot extract, equivalent to 3500mg whole dried root, standardised to contain 0.3% Betanin providing 2.1mg.

**INGREDIENTS:** Beetroot Extract, Capsule Shell (Hydroxypropyl Methylcellulose), Anti-caking Agent (Magnesium Stearate).

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.  
Suitable for vegans and vegetarians.

EAN:

5060332531080 - 50 pack

5060332531097 - 500 pack

## **PRODUCT INFORMATION**

NRV = Nutrient Reference Value