

## Biotin



**Brand:** Lindens  
**Product Code:** L8  
**Availability:** 10  
**Weight:** 0.10kg

**Price: £6.99**

### Short Description

Also known as Vitamin B7, Biotin is important in the diet contributing towards the growth of healthy hair and skin. Each super-potent Lindens Biotin 5000mcg tablet contains 100x NRV of Biotin!

### Description

- Contributes to the maintenance of normal hair and skin
- Contributes to normal metabolism
- Ultra-potent 10000% NRV strength
- Easy-swallow one a day tablet

Biotin tablets are popularly taken to support the growth of strong hair and skin, as they contribute towards the maintenance of healthy hair and skin, but biotin also contributes towards healthy nervous and psychological function, and a healthy metabolism. Each potent Lindens Biotin 5000mcg Tablet contains a massive 5000mcg of biotin, 10000% NRV

**Biotin** contributes to normal:

- energy-yielding metabolism
- function of the nervous system
- macronutrient metabolism
- psychological function
- hair maintenance

- skin and mucous membranes

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **BIOTIN**

5000mcg per ONE A DAY tablet contributing towards normal growth of hair, skin & nails

**DIRECTIONS:** Food Supplement. Take one tablet daily with a little water.

**INGREDIENTS:** Bulking Agents (Dicalcium Phosphate, Microcrystalline Cellulose), Biotin (as D-Biotin), Anti-caking Agents (Magnesium Stearate, Silica)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.  
Suitable for vegans and vegetarians.

**EAN:**

5060332533879 - 90 pack

5060332533886 - 360 pack

**PRODUCT INFORMATION**

per tablet

Nutrient	Amount	% NRV
Biotin	5mg	10,000

NRV = Nutrient Reference Value