

## Ginger Root



**Brand:** Lindens  
**Product Code:** L34  
**Availability:** 10  
**Weight:** 0.10kg

**Price:** £7.99

### Short Description

The active constituents in Ginger help to support digestive health. Ginger is popular with people who travel.

### Description

- Standardised to yield 4mg gingerols and shogaols per tablet
- Super convenient, an essential for any travellers
- Digestive aid

Ginger is a perennial plant that grows in India, China, Mexico, and a few other countries. The rhizome (underground stem) is used as both a spice and in herbal medicine.

The warming properties of Ginger have been enjoyed for centuries and are known to aid digestion as they can have a settling effect on the system. Ginger is also often used alongside products in our joint care range such as glucosamine or chondroitin.

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy

lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **GINGER ROOT**

A potent extract of ginger, equivalent to 500mg dried root per tablet, standardised to yield 4mg gingerols & shogaols

**DIRECTIONS:** Food Supplement. Take one tablet, three times per day before food, with a little water.

**INGREDIENTS:** Bulking Agents (Dicalcium Phosphate, Microcrystalline Cellulose), Thickening Agent (Sodium Carboxymethylcellulose), Ginger Extract, Anti-caking Agents (Silicon Dioxide, Magnesium Stearate)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.  
Suitable for vegans and vegetarians.

EAN:  
5060332532186 - 90 pack

## **PRODUCT INFORMATION**

NRV = Nutrient Reference Value