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L-Glutamine

Brand: Lindens
Product Code: L52
Availability: 10
Weight: 0.10kg

Price: £7.99

Short Description
L-Glutamine is one of the 20 amino acids required for the functioning of muscles in the body. Amino acids are the building blocks that form proteins to maintain cellular health and tissue repair.

Description

- Easy to swallow capsule
- A convenient amino acid source
- Rapid release capsule

Glutamine is the most commonly found amino acid in the body, one of the 20 amino acids required in the body.

Glutamine is a non essential amino acid and is the most abundant free amino acid in muscle cells. Amino acids are the building blocks that form proteins to maintain cellular health and tissue repair.

Protein makes up the structure of all cells and tissues in the body, including muscle tissue, internal organs, tendons, skin, hair and nails. The 20 amino acids are the building blocks of protein. 12 of these amino acids can be made in the body so are referred to as non-essential amino acids, whilst the other 8 are known as essential amino acids as they must be supplied in the diet.

With Lindens®, you can expect:
? An established UK manufacturer based in Yorkshire
? ISO 9001 Certified for Quality Management Systems
? Dedication to excellence, innovation and satisfaction
? Resealable, light-proof, foil-fresh pouch packaging
? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

Label Information

L-GLUTAMINE

L-Glutamine 500mg, a vital amino acid for anabolic support

DIRECTIONS: Food supplement. Take two to six capsules one hour before exercise. Do not exceed stated dose.

PRODUCT INFORMATION: Each capsule provides 500mg L-Glutamine.

INGREDIENTS: L-Glutamine Powder, Shell (Bovine Gelatin), Anti-caking Agent (Magnesium Stearate)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.

EAN:
5060332535712 - 90 pack

PRODUCT INFORMATION

NRV = Nutrient Reference Value