

## Chromium Max



**Brand:** Lindens  
**Product Code:** L16  
**Availability:** 10  
**Weight:** 0.10kg

**Price: £7.99**

### Short Description

Chromium is a trace mineral which supports normal macronutrient metabolism and contributes to maintenance of normal blood glucose levels. Each Lindens Chromium 1000µg tablet yields 1000µg elemental chromium, 2500% NRV.

### Description

- Hugely popular with slimmers
- Supports the maintenance of normal blood glucose concentrations
- Supports metabolism
- Massive strength 2500% NRV tablets

Chromium is an essential trace mineral meaning it is needed by the body in small amounts. The nutrient can be obtained by our diet but recent studies have found that some people do not get sufficient levels from their diets. Chromium can be found in eggs, meat and whole-grains thus vegetarians and vegans may have insufficient intake from their diets.

Chromium contributes to the maintenance of normal blood glucose levels. Chromium also contributes to normal macronutrient metabolism. Macronutrients are nutrients that provide calories or energy and are needed for our survival. Nutrients are substances needed for growth, metabolism and for other bodily functions. There are three macronutrients: carbohydrate, protein and fat.

Lindens Chromium Max Tablets contain a highly-bioavailable form of chromium, the organic salt chromium picolinate, yielding 1000µg elemental chromium per easy-swallow tablet, a super-potent 2500% NRV dose!

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **CHROMIUM MAX**

Mega Potency - Chromium 1000µg contributing towards normalising blood glucose levels and normal metabolism.

**DIRECTIONS:** Food Supplement. Take one tablet each day with a little water.

**INGREDIENTS:** Bulking Agents (Microcrystalline Cellulose, Dicalcium Phosphate), Chromium Picolinate (per tablet 8mg, yielding 1000mcg Elemental Chromium), Anti-caking Agents (Magnesium Stearate, Silica)

Allergens (if any) in bold.

Free From: dairy, soya, suagr & gluten.

Suitable for vegans and vegetarians.

EAN:

5060332535750 - 120 pack

5060332535767 - 360 pack

## PRODUCT INFORMATION

per tablets

Nutrient	Amount	% NRV
Chromium	1000mcg	2500

NRV = Nutrient Reference Value