

## Fenugreek



**Brand:** Lindens  
**Product Code:** L29  
**Availability:** 10  
**Weight:** 0.10kg

**Price:** £8.99

### Short Description

Natural herb food supplement in a rapid release capsule. Each capsule provides seed extract from Fenugreek (*trigonella foenum-graecum*).

### Description

- Natural herb food supplement
- Rapid release capsules
- Easy to swallow

Commonly used as a flavouring in curries as well as a food supplement, Fenugreek is an aromatic Mediterranean plant. The seeds produced by the plant are used whole or powdered as a spice whilst the leaves can be eaten as a vegetable.

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children.

Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **FENUGREEK**

Fenugreek Extract (trigonella) foenum-graecum) equivalent to 610mg fenugreek seeds

**DIRECTIONS:** Food Supplement. Take one tablet per day with a little water.

**PRODUCT INFORMATION:** 1 capsule provides 153mg 4:1 fenugreek seed extract, equivalent to 610mg whole seed.

**INGREDIENTS:** Fenugreek Extract, Bulking Agent (Stoneground Brown Rice Flour), Shell (Bovine Gelatin)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.

EAN:

5060332533220 - 100 pack

## **PRODUCT INFORMATION**

NRV = Nutrient Reference Value