

## Calcium Magnesium & Vitamin D



**Brand:** Lindens  
**Product Code:** L13  
**Availability:** 10  
**Weight:** 0.10kg

**Price: £8.99**

### Short Description

Minerals and Vitamin D3 for bone health, supporting normal muscle function, healthy teeth and general immune health.

### Description

- Contributes to normal muscle function
- Maintains normal bones and teeth
- Contributes to reduction of tiredness & fatigue
- Supports normal function of the immune system

### Calcium contributes to normal:

- blood clotting
- energy-yielding metabolism
- muscle function
- neurotransmission
- function of digestive enzymes
- bones and teeth
- regulation of cell division and differentiation

### Magnesium contributes to:

- reduction of tiredness and fatigue
- electrolyte balance
- normal energy-yielding metabolism, normal

- nervous system function
- muscle function
- protein synthesis
- psychological function
- maintenance of normal bones & teeth
- role in the process of cell division

**Vitamin D** contributes to normal:

- absorption/utilisation of calcium & phosphorus
- blood calcium levels
- maintenance of normal bones, muscles & teeth
- role in a process cell division
- immune system function

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children.

Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **CALCIUM MAGNESIUM & VITAMIN D**

Contributing towards normal bones • teeth • muscle function • digestive function • immune health

**DIRECTIONS:** Food Supplement. Take two tablets per day with water.

**INGREDIENTS:** Calcium Carbonate, Magnesium Oxide, Bulking Agents (Microcrystalline Cellulose, Maltodextrin), Anti-caking Agents (Magnesium Stearate), Vitamin D3 (as Cholecalciferol)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.

Suitable for vegetarians.

EAN:

5060332532537 - 120 pack

## **PRODUCT INFORMATION**

per 2 tablets

Nutrient	Amount	% NRV
Calcium	800mg	100
Magnesium	400mg	106
Vitamin D	20mcg	400

NRV = Nutrient Reference Value