

## Brewers Yeast

**Brand:** Lindens  
**Product Code:** L9  
**Availability:** 10  
**Weight:** 0.10kg

**Price: £6.99**

### Short Description

Brewer's Yeast is a nutrient-dense fungus used to make beer and bread. It is often used as a nutritional supplement, but an unpleasant bitter taste make the experience less than enjoyable. Lindens Brewers Yeast Tablets are an easy, pleasant way to work Brewers Yeast into your daily routine.

### Description

- Natural source of vitamins and micronutrients
- The most pleasant way to use Brewers Yeast
- Non-debittered for maximum nutrition
- Convenient, easy-swallow tablet

Brewers Yeast (*saccharomyces cerevisiae*) is a single-celled organism used in brewing to make beer and as leavening in bread. It is nutrient dense, rich in B Vitamins and micronutrients, and for this reason is often used as a nutritional supplement. However, when eaten it possesses an unpleasant bitter taste. The powder can be made less bitter ('debittered') but the process strips much of the nutritional benefit from the powder.

The most pleasant and convenient way to work Brewers Yeast into your diet is tablets, and Lindens Brewers Yeast 300mg Tablets each contain 300mg of non-debittered brewers yeast, retaining all their nutritional value in an easy swallow convenient tablet.

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction

- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

### **BREWERS YEAST**

Brewers Yeast 300mg Tablets retaining natural levels of B Vitamins

**DIRECTIONS:** Food supplement. Take up to six tablets per day with food.

**INGREDIENTS:** Brewers Yeast Powder (*saccharomyces cerevisiae*). May contain traces of **gluten**

Allergens (if any) in bold.

Free From: dairy, soya & sugar.  
Suitable for vegans and vegetarians.

EAN:  
5060332532322 - 500 pack

## **PRODUCT INFORMATION**

NRV = Nutrient Reference Value